BruxZir Anterior: Placement and one-year recall

By Dental Advisor

BruxZir Anterior is a zirconia designed to satisfy any patient’s aesthetic needs. It has a flexural strength of 650 MPa with translucency and colour similar to natural dentin. Owing to its superior strength, BruxZir Anterior requires less tooth reduction than monolithic glass ceramic restorations and is kind to natural opposing dentin. Indications include single-unit crowns and three-unit bridges with one pontic as well as implant crowns.

Results at placement
At placement, the restorations were evaluated in the areas of aesthetics, fit to tooth, marginal integrity, contacts, and occlusion on a 1–5 scale (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent).

Of the remaining 12 restorations (4 %), the majority (eight restorations) received a rating of 4 while the remaining four restorations received a rating of 3. Two restorations were redone by the laboratory because the fit was loose and the contacts light. At placement, BruxZir Anterior received a 98 % clinical rating.

Results at one-year recall
At approximately one year, about one third of the restorations (408) were recalled. Of the recalled restorations, 71 % had been in function for more than nine months, 20 % from 5 to 8 months and the remaining 9 % less than four months (Fig. 3).

At recall, the restorations were evaluated for aesthetics, resistance to fracture/chipping, resistance to marginal discoloration, and wear resistance. Restorations were again rated on a 1–5 scale (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent). At one-year recall, every restoration received an excellent rating of 5 in all categories mentioned above.

Comments by patients at recall
"Your teeth are beautiful, who did them?" (A comment a patient received after restoring teeth 5–12).

"I really like the way they look, beautiful and natural a huge improvement."

"I can’t even tell which crowns you did last time, they look so real. Is that a new material?"

Summary
At one year with over 300 restorations seated, BruxZir Anterior has performed exceptionally well in the area of aesthetics, lack of fracture or chipping, lack of marginal discoloration, and wear resistance.

Fig. 2: Types of BruxZir Anterior Restorations.—Fig. 3: Distribution of BruxZir Anterior Restorations.—Fig. 4: Age of BruxZir Anterior Restorations at recall.—Fig. 4: Ratings of BruxZir Anterior restorations at one-year recall.

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Dental Tribune United Kingdom Edition | 6/2016